

2. Implement the Coaching Suggestions.

A number of coaching suggestions have been made in your Expert Guide. Which of them are you going to implement?

I am going to learn to step away from tasks, projects and assignments and try to learn to let people get on with things. I am also going to try to delegate more. I read the article on perfection versus good enough. I am going to try to relax standards appropriately with my team leaders.

Now implement them and make notes on what you have learned:

At first I found it very difficult to do this. I kept wanting to micro manage and check on everything that my team leaders were doing. I also found that I was never satisfied with what they were doing and had to hold myself back from wanting them to do things perfectly. I am starting to realise that I have a very strong need for feedback and probably need some help here so am going to check in on the Recommended Readings. I have noticed though that some of my Team Leaders are looking a bit more relaxed.